







# DOGGY DENTAL CHECKLIST







A combination of regular dental check-ups and a home cleaning routine is the best way to keep your dog's teeth & gums healthy. Use our handy checklist to get started.



## Cleaning

-  Use a pet-specific dental gel with a finger-brush or soft toothbrush
-  Try to clean the teeth at the back of the mouth, be careful not to get bitten
-  Clean your dog's teeth daily or a few times per week at least
-  If your dog is new to this, build up to it gradually - let them lick the gel off the brush first before trying to clean



## Diet

-  A good quality hard kibble will help to remove trapped food & plaque
-  You can buy food specifically for dental care and dental chews (watch the calories)
-  Carrots (in moderation) make a good dental chew
-  Avoid giving your dog foods and treats high in sugar

## Products

-  Some dental aids can be mixed in with your dog's water to help remove plaque and freshen breath
-  You can sprinkle plaque removing products over your dog's food

## Toys

-  Some toys are designed to give your dog's teeth a workout, removing food and plaque whilst they chew
-  Avoid playing tug-o-war (or at least being overzealous) as this can damage your dog's teeth

It is important for your dog to have a dental-up check with a vet every 6 - 12 months to help spot any potential issues early. Contact us to book.