

# How to keep your cat calm on a vet visit

## Four steps for a successful visit to the vets



### 1. The cat carrier

- Let your cat play around the carrier before you visit.
- Perhaps pop some treats in there in the days before you travel.
- In the car, make sure the carrier is level and secure.

### 2. Familiar smells

- Clean the car and remove any air fresheners.
- Put familiar (smelling) blankets in and over the carrier.
- Use a pheromone spray if that helps.



### 3. In the waiting room

- Minimise your cat's time in the waiting room.
- Keep your cat away from other animals when waiting.
- Keeping the cat carrier on your lap or on our special stands can really help.

### 4. Offer treats

- Take your cat's favourite treats when you come to visit.
- Offer treats at points where they will reinforce positive aspects of the day.
- Handle your cat in the consultation room rather than the waiting room.



If your cat really doesn't like travelling to the vets, please let us know when you book and call us before you start your trip so we can prepare for your visit.