

# TRY OUR WINTER INDOOR DOG ACTIVITIES

*If the weather is too severe for your usual wintery walks, there are plenty of things you can do to keep your dog active and happy at home. Try these fun indoor activities and enjoy some quality time with your pet.*



## Top Tip

Try switching to healthy treats like carrots and apples for your rewards - although, many dogs love nothing more than a fuss and the words "Good dog!"

## Activity 1 - House laps

See how many laps of the downstairs of your house you and your dog can do in 15 minutes. Repeat & go quicker!

**TIP:** Use obstacles to make it more challenging for you both - great for increasing your activity levels.

## Activity 2 - Sniff-o-meter test

Place your dog's meal-time dry kibble in a toy (e.g. a kong) or hide it around your home for them to find.

**TIP:** Keep your dog entertained by making them think and work a little harder for their food.



## Activity 3 - Play for prizes

Create games of fetch and hide-and-seek with your dog's toys - reward their successes with praise or treats.

**TIP:** Playing can be fun for both of you, and will keep your dog active and happy.

## Activity 4 - Tricks for treats

Teach your dog a new trick or command using short, regular sessions to help them learn.

**TIP:** Learning new skills is great for your dog's mental stimulation and enjoyment.